



# LIVING BEYOND BREAST CANCER



**Saturday, March 2, 2024**

Online\* or in person at the Cancer and Cardiovascular  
Research Building, University of Minnesota

## Agenda

8:30 AM Registration, Breakfast & Exhibitors

9:00 AM Welcome

9:05 AM Living Beyond Breast Cancer Topics

- Menopause | Kaia Verich
- Late and Long-Term Effects | Ashley Clark
- Break & Optional Movement | Katie Plunkett
- Sexual Health | Ashley Clark
- Self Care | Kaia Verich

11:25 AM Lunch

12:05 PM Ask the Expert | Damé Idossa, MD

- Exhibitors

12:25 PM Breakout Sessions

- Sexual Health | Tara Rick, PA-C
- Nutrition | Janelle Melgeorge Anderson, MEd, RD, LD
- Lymphedema | Carrie Macoskey, OT | Julie Moore, PT
- Social Work | Ellen LaFontaine, MSW, LICSW

2:20 PM Exhibitors

\*Sessions during and following lunch are not available online

Survivorship Programming is brought to you by:



MASONIC CANCER CENTER  
UNIVERSITY OF MINNESOTA