



# LIVING BEYOND BREAST CANCER



**Saturday, March 2, 2024**

Online\* or in person at the Cancer and Cardiovascular  
Research Building, University of Minnesota

## Agenda

- 8:30 AM Registration, Breakfast & Exhibitors
- 9:00 AM Welcome
- 9:05 AM Living Beyond Breast Cancer Topics
- Menopause | Kaia Verich
  - Late and Long-Term Effects | Ashley Clark
  - Break & Optional Movement | Katie Plunkett
  - Sexual Health | Ashley Clark
  - Self Care | Kaia Verich
- 11:25 AM Lunch with Presentation | Damé Idossa, MD
- Exhibitors
- 12:25 PM Breakout Sessions
- Sexual Health | Tara Rick, PA-C
  - Nutrition | Janelle Melgeorge Anderson, MEd, RD, LD
  - Lymphedema | Carrie Macoskey, OT
  - Social Work | Ellen LaFontaine, MSW, LICSW
- 2:20 PM Exhibitors

\*Sessions during and following lunch are not available online

Survivorship Programming is brought to you by:



**MASONIC CANCER CENTER**  
UNIVERSITY OF MINNESOTA